

SERVICES

Aging in Place Home Assessment

Aging in Place simply means to be able to remain in your home as you grow older and your needs and abilities change. Staying in your home may mean making simple home modifications that can help you live more comfortably and safely. Our Certified Aging in Place Specialist can conduct a home assessment of common areas in the home such as entryways, living room, kitchen, bedroom, bathroom, etc., and make recommendations on how to make your home more usable for current and future needs. A written report with recommendations and pictures is given to all home assessment clients. The agency's chore workers can help make some of the recommended changes, if it falls within their skill level and the client requests the work to be completed.



Chore Services

The chore program helps older adults, age 60 and better, to remain safe and secure in their own homes by providing assistance with seasonal needs, minor home repairs, home maintenance and other tasks which older adults are no longer able to perform

Examples include:

- Rake leaves
- Clean up yards
- Wash windows
- Small paint jobs
- Shampoo carpets
- Trim shrubs and bushes
- Clean out spouts and eaves
- Install grab bars and hand rails
- Build simple wheelchair ramps
- And other odd jobs around the home.



Outreach and Information & Referral

Our professional and knowledgeable outreach staff are available to provide personalized help to link older adults to community resources in order to maintain their independence. The Outreach Specialist can help in navigating life changes, completing paperwork, and cutting the "red tape" for Medicare, community referrals, fuel assistance programs, home delivered meals, filling out forms and applications, interpreting hospital bills, and so much more.



Transportation

Our courteous and professional drivers provide transportation services for medical appointments and personal business in 7 agency owned wheelchair accessible vehicles and 3 cars/SUV's. Medical transportation is priority and is available anywhere within Putnam County and to the adjoining counties of Allen, Defiance, Hancock, Henry, Paulding and Van Wert. Transportation for essential errands and personal business is available within in Putnam County and includes trips to social service agencies, beauty salons, pharmacies, banks, grocery stores, and other miscellaneous errands and activities. Advanced notice is required for transportation services. Hours of operation are Monday through Friday from 8:00 a.m. to 4:30 p.m.



We Thrive Together Virtual Programs

Virtual programs such as cards, BINGO, trivia, exercise, virtual trips, etc. are offered through our partnership with "We Thrive Together." Visit www.WeThriveTogether.com to stay connected from the comfort of your own home.

A Matter of Balance Program

Falling is not a normal part of aging! Our trained staff and volunteers offer the 8-week, evidenced-based Matter of Balance program, which is designed to help older adults reduce their fear of falling and help increase activity levels by promoting exercise to enhance balance, strength, and flexibility.



Medical Equipment Loan Closet

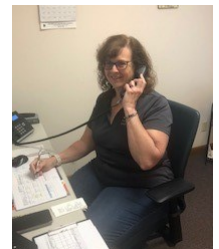


If a hospital stay, recent injury, or just coming of age as a senior presented a need for small durable medical equipment, call our agency to see if we have what you need. Items available to loan include: canes, walkers, raised toilet seats, shower chairs, wheelchairs, stationary commodes, and so much more. Items are available to loan for a few days, a few weeks, or a few months.



Telephone Reassurance and Friendly Visitor Program

Maintaining social relationships can become more difficult as we age. To insure continued well-being of older adults who are isolated or homebound, our professional staff and trained volunteers provide regular telephone calls and/or home visits to help older adults stay connected to their community and engaged in meaningful relationships.



Other Services for Senior Citizens

Adult Protective Services
567-376-3777

Alzheimer's Association 1-800-272-3900
or 419-419-5858

Area Agency on Aging 3
1-800-653-7277

HHWP Community Action Commission
419-523-5345 or 1-800-423-4304

Home Delivered Meals
1-800-653-7277 (AAA3)

MEDICARE
1-800-MEDICARE (1-800-633-4227)

Nursing Home Ombudsman
1-800-542-1874

Ottawa Senior Citizens Association
419-523-5593

Putnam County Health Department
419-523-5608

Putnam County Home Care and Hospice
419-523-4449

U.S. Social Security Administration
800-223-0288 (Lima)
877-628-6548 (Findlay)
1-800-772-1213 (National)

Veterans Services Commission
419-523-4478

Eligibility

Resident of Putnam County 60 years of age or better.

Cost

All services are free and offered regardless of income. Donations are graciously accepted and encouraged to help support the program. A suggested donation list may be obtained by calling the Council on Aging office.

Mission

To provide services to Putnam County residents, 60 years of age and better, to enable them to remain independent in their own home for as long as possible.

How Are We Funded?

The Council on Aging is supported from many sources. The most important support is at the local level. We receive funds from a levy passed by the voters of Putnam County. Donations are received from area churches, individuals, businesses, and organizations. We are a United Way partner agency.

Speaking Engagements

Our professional staff are available to speak to community groups on agency services and other subjects of interest to inform, enlighten, and inspire older adults.

Newsletter Mailing

The Council on Aging distributes a quarterly newsletter with information about services, upcoming events, and issues important to the senior population. Anyone can be added to our newsletter mailing list by calling 419-523-4121.

*The Putnam County Council on Aging
is an equal opportunity employer
and service provider.*



Putnam County Council on Aging, Inc.

1425 E. Fourth Street
Ottawa, OH 45875

419-523-4121

Toll-free: 1-877-796-1760
Fax: 419-523-3129

Hours: 8:00 a.m. to 4:30 p.m.
Monday through Friday

www.putnamcouncilonaging.org



United Way
of Putnam County

Partner Agency

The Putnam County Council on Aging is a non-profit organization established in 1978.

The Council on Aging is governed by a 15 member Board of Trustees representing the geographic areas of the county.